



Hurley Counseling, LLC

CHILDREN | ADOLESCENTS | ADULTS

TeleTherapy services are a form of psychological therapy service which is provided via secure internet technology. Specifically, TeleTherapy involves a therapist and a client interfacing via their computers over the internet at a prearranged time. It has the same purpose or intention as face-to-face psychotherapy treatment sessions, though it is not a universal substitute for this type of service. The TeleTherapy services provided by Hurley Counseling therapists occur in the state of Alabama (USA) and are thus governed by the laws of this state.

Client Requirements

Clients who are at risk of harm to themselves or others are not suitable for TeleTherapy services. If you become suicidal or homicidal during treatment, please inform your therapist and we will discuss options that will be better suited for you.

Technology Requirements

You will need the following in order to engage in TeleTherapy sessions:

- A computer with a webcam and audio ability
- A phone (in case of technical difficulties)
- In addition, in order to avoid being overheard by anyone in your vicinity during TeleTherapy, it is important that you place yourself in a private room. It is your responsibility to create a comfortable environment and safe environment on your end, while it is the responsibility of the therapist to create the same on his/her end.

Rights and Risks of TeleTherapy Services

- You have the right to withdraw from TeleTherapy service at any time. If you choose not to utilize TeleTherapy services it will not affect your right to further treatment, and you can continue face-to-face therapy with your current therapist.
- TeleTherapy services may not be an appropriate treatment modality for every client and, at times, may even be counter-productive. Your therapist reserves the right as your therapist to determine if TeleTherapy sessions are not in your best interest. If this is determined, your therapist will continue

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face- to-face services with you or provide referral information if necessary.

- The same laws and policies which are stated in the MANDATORY DISCLOSURE & CONSENT FOR TREATMENT form in regards to regular psychotherapy, confidentiality, exceptions of confidentiality, etc. - also apply to TeleTherapy services.
- It is possible that a TeleTherapy session may be disrupted or distorted by unforeseen technical issues. If you are disconnected during a session due to a technological issue, the therapist will reinitiate the session. If unable to reconnect the session, he/she will call you via the phone number you have provided on the Initial Intake Form.
- The CANCELATION & NO SHOW POLICY remains the same for TeleTherapy services. If you are unable to connect to a TeleTherapy appointment at the allotted time, please call or email your therapist directly 24 hours prior to the appointment, otherwise your session will be considered a “No Show.” In circumstances where a connection cannot be made due to technical difficulties in the time allotted for a session (and you contacted your therapist for assistance), you will not be charged a fee.
- TeleTherapy is NOT designed for and will not be used as an emergency service. If you are in crisis or in an emergency you should immediately call 9-1-1 or seek help from a hospital or crisis oriented health care facility in your immediate area. By signing this document you understand that emergency situations include if you have thoughts about hurting or killing yourself or another person, have hallucinations (see or hear things others don’t, or have delusions or beliefs others may consider unrealistic), if you am in a life threatening or emergency situation of any kind, are having uncontrollable emotional reactions, or if you are dysfunctional due to abusing alcohol or drugs. By signing this document, you acknowledge you have been told that if you feel suicidal, you are to call 9-1-1 or the National Suicide Prevention Hotline toll free at 1-800-273-8255.
- Although all efforts are made to ensure high encryption and security in technology used, there is always a risk that transmission may be breached or accessed by unauthorized users.
- You are responsible for making payments for TeleTherapy services that you participate in.

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- By signing below, you agree that you have read, understand, and agreed to the above TELETHERAPY SERVICES AGREEMENT & INFORMED CONSENT. In addition, you will assume all of the foregoing risks and accept personal responsibility for confidentiality issues regarding TeleTherapy services and recuse your therapist and Aspen Counseling Group from any liability if confidentiality is breached when these communications occur.

Client Name (printed)

Client Signature

Date

Therapist Name (printed)

Therapist Signature

Date

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